

Healing through music

University
course
open to
the public

Aula polivalente
Sector A
East Campus

17 October
–05 December
2022

18.00
–19.30

The lessons will be held
in Italian and English
with simultaneous
translation in both
languages.

Lessons will be recorded
and published online at
the end of the course.



For info and
full programme
www.usi.ch/en/feeds/23026

For seven Mondays from October to December, figures from the world of science and professors from the USI Faculty of Biomedical Sciences, led by Enzo Grossi, will discuss seven themes that link music to medicine and personal wellbeing. This is the aim of "Healing through Music", the second edition of the Culture and Health course promoted by the USI Faculty of Biomedical Sciences together with the City of Lugano's Cultural Department and IBSA Foundation for scientific research, in partnership this year with the Conservatorio della Svizzera italiana.

17.10 The state of the art of Music in Medicine

Speaker: **Suzanne B. Hanser**, professor of Music Therapy, Berklee College of Music Boston (USA)
Discussants: **Davide Robbiani**, director of the IRB and professor at USI and **Giuliano Bellorini**, lecturer at USI and the "G. Verdi" Conservatory, Milan (I)

24.10 Music medicine to counter pain, anxiety and stress

Speaker: **Enzo Grossi**, medical doctor, lecturer and researcher
Testimonial: **Alfredo Raglio**, music therapist and researcher at the Maugeri IRCCS Clinical and Scientific Institutes, Pavia (I)
Discussant: **Claudia Gamondi**, USI lecturer and head of the EOC Palliative Care and Support Clinic

07.11 Music education and psycho-cognitive development

Speaker: **Luisa Lopez**, doctor and neurophysiopathologist at the Villa Immacolata Care Home and Fondazione Mariani Milano (I)
Testimonial: **Dawn Rose**, senior researcher, Hochschule Luzern
Discussant: **Giacomo Simonetti**, USI professor, head of paediatrics at the Italian Swiss Paediatric Institute

14.11 Music therapy in child neuropsychiatric setting and psychiatry

Speaker: **Christian Gold**, professor at NORCE Bergen (NOR)
Testimonial: **Antoni Rodriguez-Fornells**, researcher at CBPU and ICREA Barcelona (ES)
Discussant: **Andrea Raballo**, USI professor in psychiatric medicine

21.11 Music as life companion for wellbeing throughout the lifespan

Speaker: **Liila Taruffi**, researcher at Durham University (UK)
Testimonial: **Paolo Paolantonio**, musician and researcher at Conservatorio della Svizzera italiana
Discussant: **Cristiana Sessa**, USI professor and head of the Gynaecological Cancer Department

28.11 Music therapy for dementia and neurological rehabilitation

Speaker: **Alfredo Raglio**, music therapist and researcher at the Maugeri IRCCS Clinical and Scientific Institutes Pavia (I)
Testimonial: **Daniele Molteni**, freelance expert in music therapy
Discussant: **Luca Gabutti**, USI professor and head of the EOC Department of Internal Medicine

05.12 Music and social cohesion

Speaker: **Steven Mithen**, archaeologist, University of Reading (UK)
Testimonial: **Deborah Parker**, musician and music therapist, Prima Materia Association, Montespetoli (I)
Discussant: **Peter Schulz**, USI professor, Faculty of Communication, Culture and Society

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